

FLU SEASON

In 2020/21, flu vaccinations will be offered under the NHS flu vaccination programme to the following groups:

- people aged 65 years or over (including those becoming age 65 years by 31 March 2021)

People aged from six months to less than 65 years of age with a serious medical condition such as:

- chronic kidney disease at stage three, four or five
- chronic liver disease
- chronic neurological disease, such as Parkinson's disease or motor neurone disease, or learning disability
- diabetes
- splenic dysfunction or asplenia
- a weakened immune system due to disease (such as HIV/AIDS) or treatment (such as cancer treatment)
- morbidly obese (defined as BMI of 40 and above)
- all pregnant women (including those women who become pregnant during the flu season)
- people living in long-stay residential care homes or other long-stay care facilities where rapid spread is likely to follow introduction of infection and cause high morbidity and mortality.
- Those who are in receipt of a carer's allowance, or who are the main carer of an older or disabled person whose welfare may be at risk if the carer falls ill.
- consideration should also be given to the vaccination of household contacts of immunocompromised individuals, specifically individuals who expect to share living accommodation on most days over the winter and, therefore, for whom continuing close contact is unavoidable
- chronic (long-term) respiratory disease, such as severe asthma, chronic obstructive pulmonary disease (COPD) or bronchitis chronic heart disease, such as heart failure

Please contact reception on 01268 418200 (Langdon Hills) or 01268 553292 (Southview Park Surgery) to make an appointment. In addition we also have a walk in clinic at both surgeries on Saturday 19th September 2020 from 10.00 a.m. to 12 midday - no appointment necessary.